

**WEEK COMMENCING**  
 30/10/2023 20/11/2023 11/12/2023 01/01/2024 22/01/2024 12/02/2024  
 04/03/2024 25/03/2024 15/04/2024 06/05/2024 27/05/2024 17/06/2024  
 08/07/2024

(V) - VEGETARIAN  
 (VE) - VEGAN

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

### VEGETARIAN MAIN MEALS

#### MONDAY

BBQ Chicken Fajita, Salt & Pepper Wedges, Spiced Slaw & Sauces

#### TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

#### WEDNESDAY

Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

#### THURSDAY

Chicken Makhani Curry with Rice, Naan Bread & Mango Chutney

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

#### MONDAY

Falafel & Vegetable Fajita, Salt & Pepper Wedges, Spiced Slaw & Salsa (VE)

#### TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

#### WEDNESDAY

Roast Beetroot, Onion & Goats Cheese Pissaladiere (V)

#### THURSDAY

Sri Lankan Split Pea & Cauliflower Curry, Braised Pilau Rice (V)

#### FRIDAY

Vegan Onion Bhaji Burger, Slaw, Chips & Peas (VE)

### DESSERTS

#### MONDAY

Apple & Blackberry Pie with Custard

#### TUESDAY

Pineapple Upside-Down Pudding

#### WEDNESDAY

Sticky Lemon Sponge with Custard

#### THURSDAY

Warm Chocolate Brownie with Chocolate Sauce

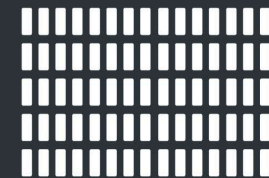
#### FRIDAY

Manager's Special

**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



#### MONDAY

Louisiana Dirty Rice (VE)

#### TUESDAY

Mozambique Piri Piri Chicken

#### WEDNESDAY

"Yaroa Dominican" Minced Beef & Pepper Loaded Wedges

#### THURSDAY

Gnocchi with Mushroom, Spinach & Pesto topped with Crispy Onion & Shaved Cheese (V)

#### FRIDAY

Manager's Street Vibes Special

NATURALLY

#### MONDAY

Fork Friendly Onion Bhaji Kebab(V)

#### TUESDAY

The Big Plant Burger (VE)

#### WEDNESDAY

Tomato, Feta & Spinach Pinwheel (V)

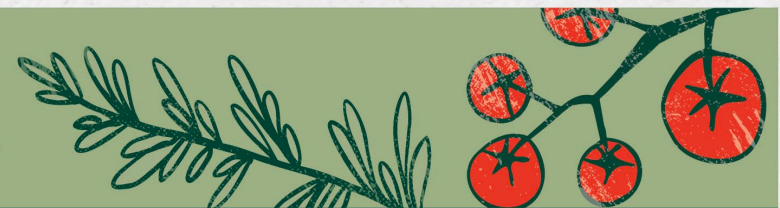
#### THURSDAY

Vegan Korean Noodles (VE)

#### FRIDAY

Chipotle Bean Nacho Bowl (V)

TRATTORIA



#### MONDAY

Tomato & Basil Pasta

#### TUESDAY

Manager's Special

#### WEDNESDAY

Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza

#### THURSDAY

Manager's Special

#### FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

